

LifeMates - Casual or Serious?

MATCH ME



"I'M LOOKING FOR A MAN WHO WILL JUST MAKE ME HAPPY, NOT A MAN WITH MONEY. BUT I MUST SAY, YOUR 24 KARAT GOLD SUIT IS QUITE IMPRESSIVE."

Now that you've decided you are ready to get out there and start dating, are you looking for casual dating or a long-term relationship? And just what *is* the difference?

Provided a person has their basic needs taken care of, dating can be fulfilling in three specific ways: Socially, Physically and Emotionally. Socially, who wouldn't benefit from being in a couple? It's a couple's world out there! Dating can have an immediate effect on your social calendar - there are friends and family to meet, dinners to have, and getaways to enjoy. Physical needs are the most common reason relationships last longer than they should. Most people are not overly promiscuous, but physical intimacy is a big motivator to get out there and date. Emotionally - we all want to be in love. Everything changes when we function with the confidence that being in love gives us. Let us also not forget - *sharing the love you have to give someone else feels great as well.*

On the surface, casual dating implies to most people that you are simply looking for companionship or an activity partner. The key being that there is little to no emotional commitment. Serious dating would imply that the goal is to make that emotional commitment with the right partner. But, would that be at the sacrifice of the social and physical benefits? Of course not! Casual dating is also a term that is used to protect the heart. Daters do not want to be considered "desperate". One way to finesse past this label is to front their relationship goals with the "casual" tag. Additionally, "casual" turns into "seeing someone", to "exclusive", to "serious" when the person feels the potential exists that this relationship may last.

The reality is that there is very little difference between the two; just differences in readiness. Every committed relationship starts casually... it evolves into a serious relationship. Most people that say that they are not ready for a serious relationship are still healing from a failed attempt at love. Part of that healing requires building their self-confidence back up. That's what casual dating can do. But beware! What if you fall in love along the way? Will you suddenly end the relationship because this emotional connection was not part of the plan? Unfortunately, some people do.

When it comes to dating, keeping a long-term perspective will always lead to more happiness. You don't have to want to get married - or move in - or have kids right away. But if those are goals

Match of the Month

What Arthur said

I hope all is well with you... I just wanted to say that I have found the Love of my Life (all thanks to Lifemates) !!! Regan is the loveliest lady I have ever met we have so much in common and enjoy being around each other, and we both decided that we are committed to each other. So, I've decided that (actually Regan has too) that I don't want to receive anymore referrals from Lifemates. I have found my Soulmate, A really Big Big Thank You to Lifemates for introducing me to Regan.... I've never been happier...



somewhere down the road, then you may as well start looking... You never know, it may take some time, but casual can turn into something special when you least expect it.

Matchmaker Tip of the Month

"Stay open to Love and be realistic

We realize everyone searching for love has expectations and a list in their mind as to the 'perfect' person and what that may look like . Sometimes the person we have created in our minds may not exactly be 'real' or even be realistic. Most people are looking for their equal and may be shocked at who their perfect match may turn out to be. It is unfair to rule someone out based on occupation, education, hobbies or even race. When you find someone who is into you and has many positive attributes,they begin to look completely different in real life than on paper. They may bring something entirely unexpected but very much needed to the table. Keep an open mind when looking for love, so that when the 'perfect' person walks through the door you are open to learning more about them before deciding that they are not a good fit for you. In our professional experience we see many people who we have asked to trust us and most have called back to thank us. They would have never tried this without a little nudge and they cant believe how the person has changed their life even with out the exact same job, income, education or hobbies. A true connection between two people has many layers, and it is always best to explore as many levels as possible. The success of LifeMates goes beyond each match. Give everyone a fair shot you will want your match to be open to approving you!"

Have a question for our Matchmakers? Send an email to membersupport@lifematescanada.com and you may find your question featured in the next newsletter.



Thanks so much,
Arthur

What Regan said

Arthur is such a great guy. He is so genuine and down to earth. It helps that he's really in love with me and that I have never had anyone make me feel like this before. We talk all the time. It's nice that we live about 15min away from each other, which is convenient to always see each other. We have really enjoyed getting to know each other and are going on dates and hanging out at each other place. I would like to place my file on hold as I am happy with Arthur.

Regan

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As Seen On



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