

LifeMates - Should you put yourself first?

MATCH ME



One of the many considerations made before joining a relationship company, is one of priority. Do I have everything else in my life taken care of? This sentiment can often be the root source of procrastination and denial.

Naturally, food and shelter are necessities. This is not what we are referring to. Beyond survival and stability, life can introduce all sorts of complications. Some obstacles are material; you might need a new car, maybe you need a bigger television or some new renovations on the house. In another case, some obstacles are psychological; you may want a better job, more confidence or maybe you're suffering from general apathy. But are these things really more important than being emotionally fulfilled? Not likely.

Few things have the impact that falling in love has. The grass seems greener and the sky seems bluer. Tough times are easier to cope with and the good times? Downright FUN! Platitudes aside, our day-to-day tasks and goals will find themselves evolving. Being in love automatically creates a renewed sense of confidence and urgency. When we know what it is to be happy, we seek it out more frequently. Can we do without a new big-screen if it means you get more quality time with someone special?

A common concern that single parents will have regarding a new relationship is- am I being selfish thinking about myself instead of spending the same time and money on my kids? Well, nothing could be further from the truth. Remember for a moment- your kids have probably experienced a relationship that *didn't* work. Who's going to show them what a *good* relationship looks like? Who's going to teach them that it's okay to go after happiness and make it a priority? Simply put: Is being in love going to make you a worse parent or a better one? Your kids know the answer to that one.

When you find yourself asking if the timing is right for a relationship, make sure you also ask yourself if there has ever been a better time for a relationship. Life will go on and so will all the trials and tribulations. Putting yourself first ensures that the outcome of all life throws at you will turn out positive. Why do you work so hard if it's not so you can enjoy life and live a little along the way? Do yourself a favour, and put your personal happiness first on the list and you're sure to see how important a good, healthy relationship is. then you can let your happiness infect

Match of the Month

What Doug said

Carrie and I spoke for a few hours on the phone and then decided to meet up. We clicked right away. She is so easy to talk with and we get along very well. We are going out again on Saturday and at this point I do not want to cloud things by meeting someone else. We have similar backgrounds and experiences. It was so nice to have a balanced conversation. We're both good listeners and have a lot to say! I feel very comfortable with her and look forward to seeing her again.

Doug

What Carrie said

Doug and I seem to have hit it off quiet well! He was eager to meet right away- which I really liked. We seemed to have good chemistry right away. He is



all the other areas of your life instead of the other way around.

Matchmaker Tip of the Month

"It is always so refreshing and fun to meet someone new. Especially when you are 'into' the person and feel they may be 'into' you- the feeling is amazing. However, keep it all in perspective and remember not



to give too much too soon. You want to make sure you and your new interest are on the same page before giving all that you've got... Being intimate. Once you go there, its hard to come back from that and until you and your new interest have had the talk- that you are seeing each other exclusively, do you want to be giving. You also do not want someone to get the wrong impression of you. Sometimes, when we offer intimacy too soon, the other person will accept it and in their mind, there's no strings attached! You may not want to be painted in that light and have the person get the wrong impression. We're all adults here. Be confident and secure with who you are. Confidence is very attractive and you want to make sure you are completely comfortable with how the relationship is progressing. You will still have plenty of other aspects to learn about along the way. Fun is fun, but if you want something long-term, patience can get you a long way."

Have a question for our Matchmakers? Send an email to membersupport@lifematescanada.com and you may find your question featured in the next newsletter.

talkative, sophisticated, intelligent and has a good understanding of women. I am placing my file on hold as I'm very excited to get to know Doug better. Thanks!

Carrie

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As Seen On



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